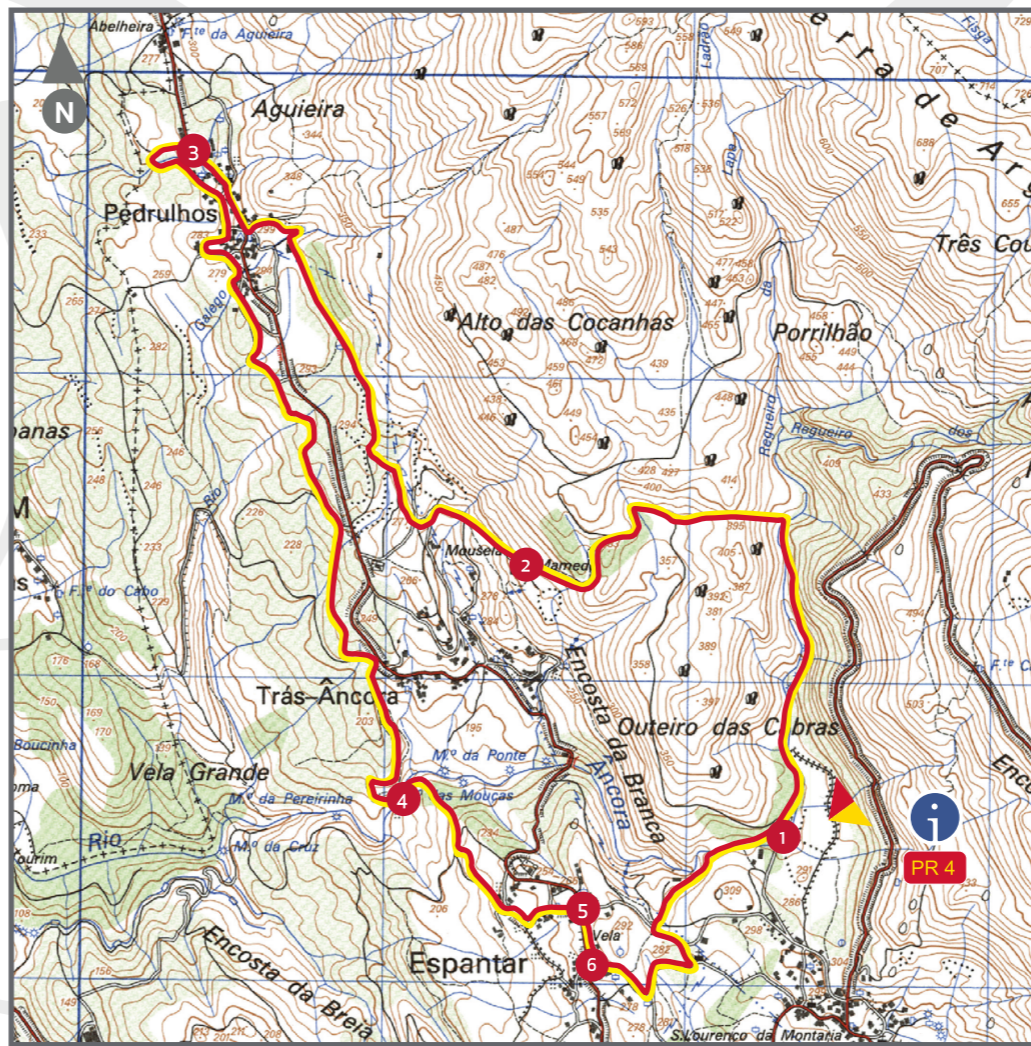


- > TRAIL NAME
PR 4 – Sunset Trail
- > PROMOTING ENTITY
Montaria Parish Council
Viana do Castelo City Council
- > TRAIL SYSTEM
Average Trail
- > LOCATION
Montaria
- > DISTANCE
10.1 Km
- > INITIAL QUOTA
280 m
- > MAXIMUM QUOTA REACHED
395 m
- > MINIMUM QUOTA REACHED
150 m
- > DURATION
4h00m
- > DEGREE OF DIFFICULTY
Moderate
- > ROUTE SCOPE
Landscape/ Ecological/ Cultural
- > DEPARTURE/ ARRIVAL POINT
Antigo Viveiro Florestal, Estrada do Viveiro, Montaria
- > LAT./ 41°47'48.26"N
> LONG./ 8°43'59.80"W



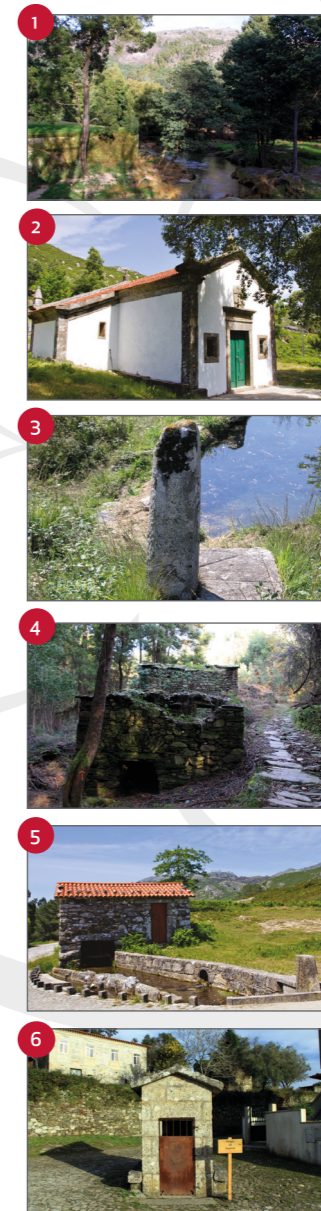
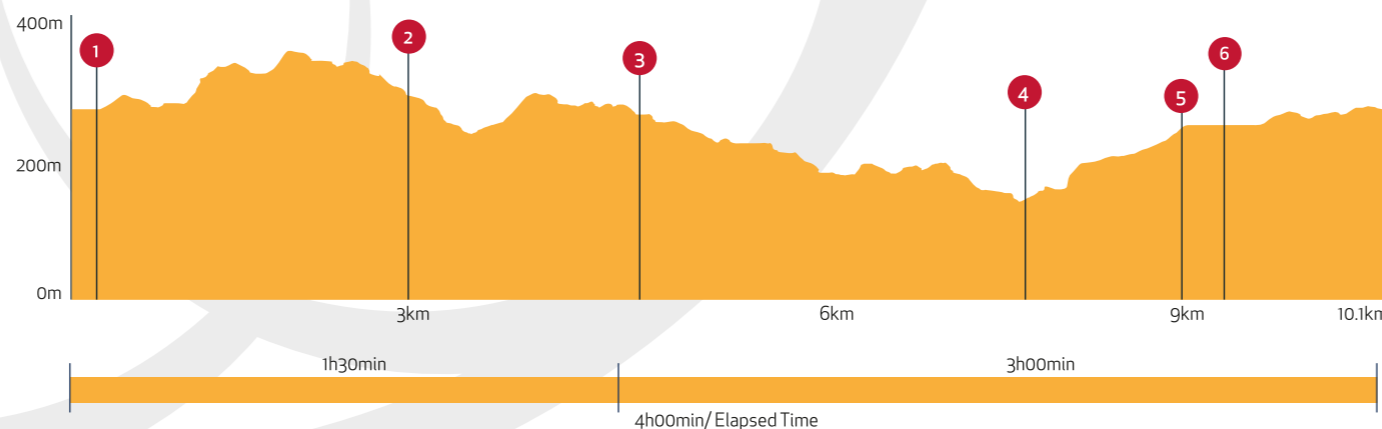
SCALE | 1:25 000



useful contacts

- > Viana do Castelo City Council
258 809 300
- > Viana Welcome Centre
258 098 415
- > Hospital
258 802 100
- > Fire Department
963 442 205 / 258 840 400
- > Volunteer Fire Department
258 800 840
- > GNR (Portuguese National Guard)
258 840 470
- > > PSP (City Police Department)
258 809 880
- > SOS - Emergency Services | 112
- > Emergency Number for Forest Fire | 117

profile graph
high/distance



STAR POINT | END POINT

- PR 4
- 1 Former Tree Nursery
- 2 S. Mamede Chapel
- 3 Sun Clock and Pedrulhos Watermills
- 4 Trás-Âncora Watermills
- 5 Espantar Watermills
- 6 Espantar Clock

QR CODE

www.cm-viana-castelo.pt

trilhos of montaria
sunset trail

trail mark



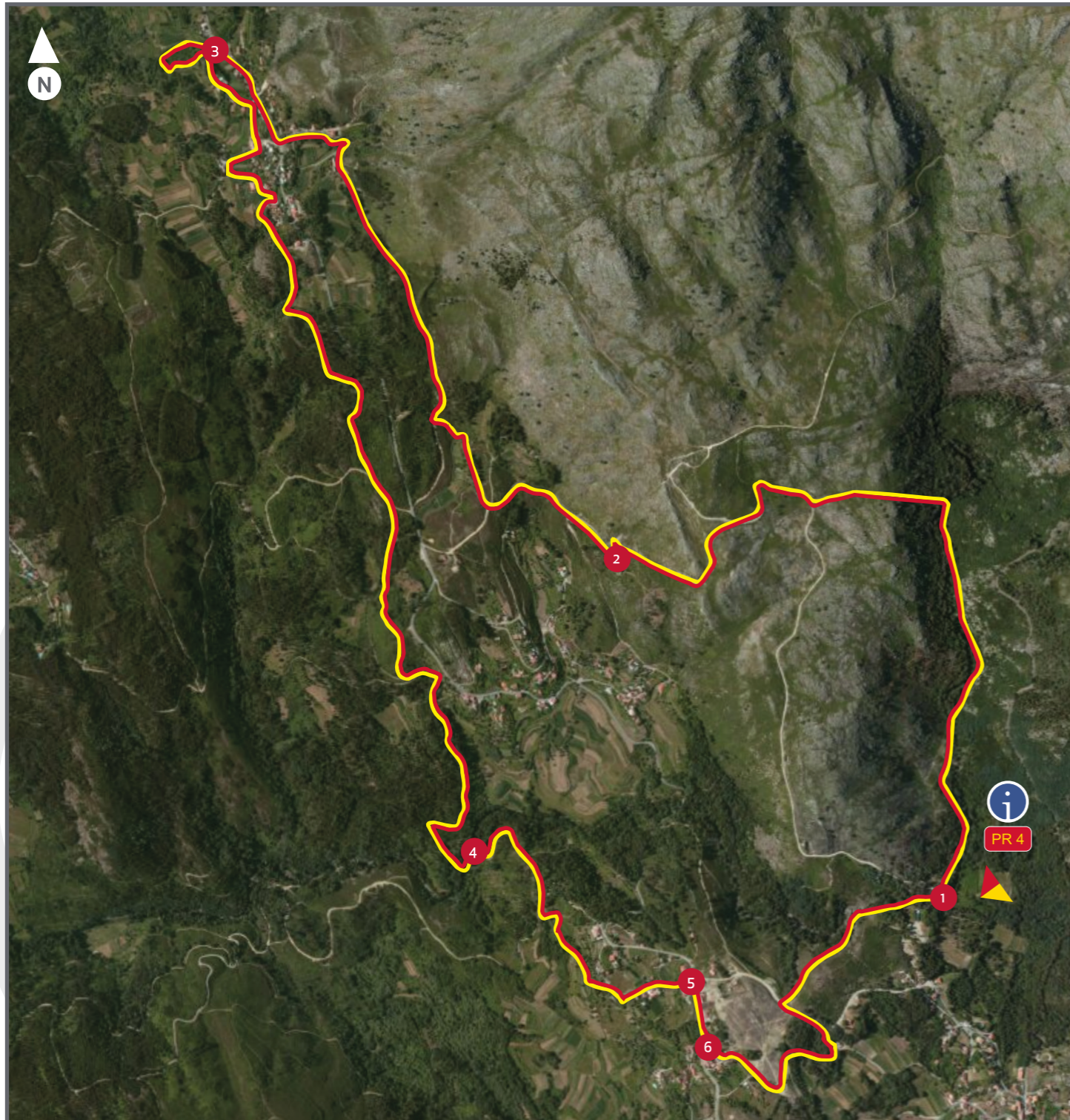
responsibilities

> The recommended walking trails do not exempt their users of those who promote them from taking the responsibility for any possible damage to property or personal injury which may occur when using the trails.

trail rules

- > Stay on the trail at all times
- > Pay attention and obey trail signs and markings.
- > Avoid making loud noises.
- > Respect private property.
- > Do not litter.
- > Take all litter with you and place in rubbish bins.
- > Be careful with livestock. Do not disturb animals.
- > Preserve nature. Do not pick flowers, collect rocks or catch animals.
- > Avoid walking alone in the mountains.
- > Be careful when foggy.
- > Always use appropriate gear and clothing - hiking boots, a raincoat and a hat.
- > Do not make fire any time.
- > Help preserve the trail.

RMPP rede municipal de percursos pedestres



SCALE | 1:15 000



This trail starts in the old Tree Nursery area, a pleasant wooded area with a picnic park next to the Âncora river. The trail ascends along the rivers bank, along a narrow mountain trail until you come to the Pilgrim and PR 1 trails. Start the descent to the S. Mamede chapel, the first church to be built in Montaria, where a monk from the S. João d'Arga monastery would come to celebrate mass on Sundays and other holy days – this explains its location half way up the mountain slope. Walkers should also admire the small fountain located to the right of the chapel. Head towards Pedrulhos, a charming location with rustic houses and water mills. You will be able to see a stone sun clock which is used to control the use of irrigation waters for each farmer. Continue towards the places of Trás-Âncora and Espantar, where walkers may visit the Espantar watermills. These have been fully restored. The mills, pathways and levadas indicate the strong connection the locals had with nature. From here hikers are able to admire Serra de Perre and the Santa Luzia Mount as well as the coastline of Vila Praia de Âncora, and in the background, Viana do Castelo. Head towards “Senhora do Socorro” chapel and then walk to the left bank of Âncora’s river, continue until you come to the end of the trail.

