

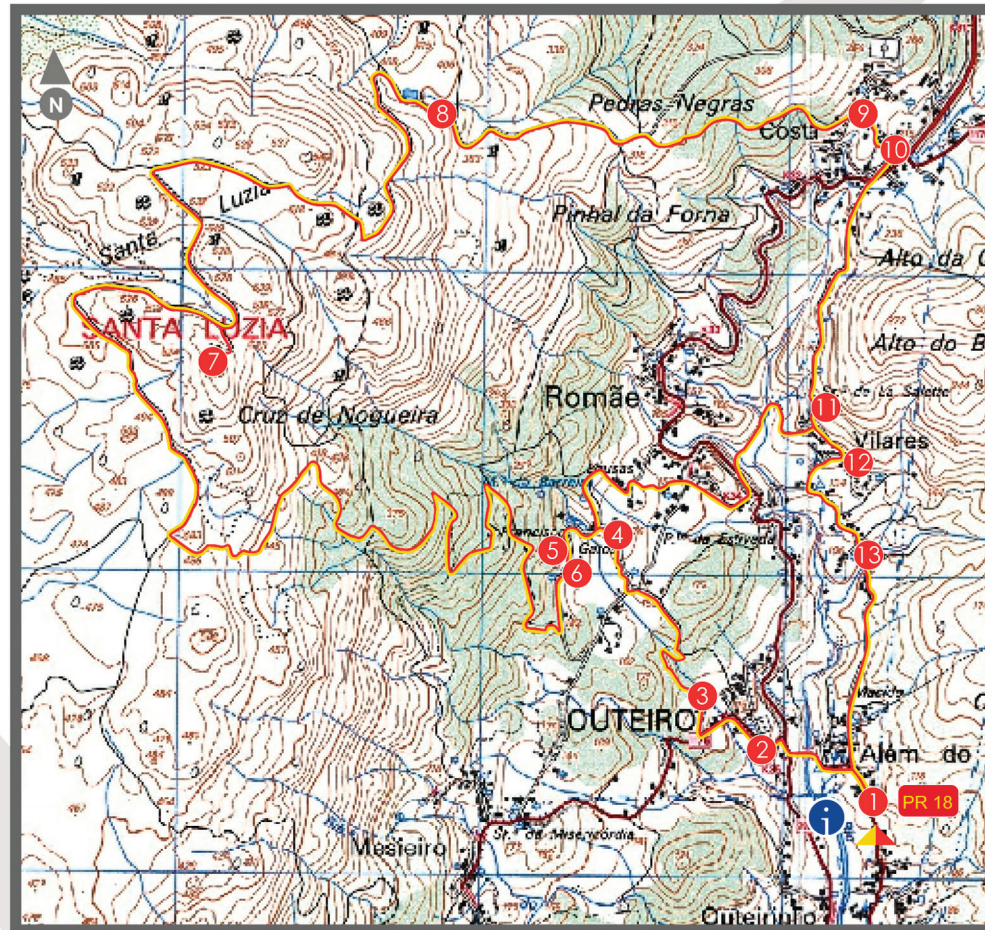


CÂMARA MUNICIPAL VIANA DO CASTELO

map of viana do castelo



trail map in km



SCALE | 1:25 000

PR 18 **trilho de outeiro**
são martinho de outeiro trail

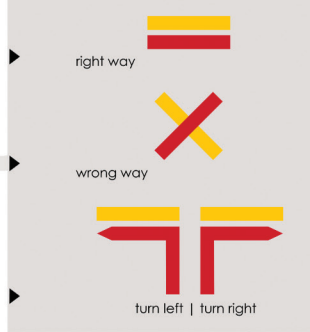
www.cm-viana-castelo.pt

Start Point/End Point

PR 18

- 1 Bread Museum
- 2 Parochial Church
- 3 Maral Watermill
- 4 Saint Francis of Assisi Shrines
- 5 Saint Francis Chapel
- 6 Painhas House
- 7 Geodesic Mark
- 8 Forrestal House
- 9 Farinhoto Shrines
- 10 Saint Miguel Chapel
- 11 La Salette Chapel
- 12 Saint Ovideo Small Chapel
- 13 Picnic Area of Vilares

trail mark



responsibilities

"The recommended walking trails do not exempt their users or those who promote them from taking the responsibility for any possible damage to property or personal injury which may occur when using the trails."

trail rules

- >Stay on the trail at all times – Pay attention and obey trail signs and markings.
- >Avoid making loud noises.
- >Respect Private Property.
- >Do not litter. Take all litter with you and place in rubbish bins.
- >Be careful with livestock. Do not disturb animals.
- >Preserve nature. Do not pick flowers, collect rocks or catch animals.
- >Avoid walking alone in the mountains.
- >Be careful when foggy.
- >Always use appropriate gear and clothing – hiking boots, a raincoat and a hat.
- >Do not make fire at any time.
- >Help preserve the trail.

useful contacts

- Viana do Castelo City Council > 258 809 300
- Viana Welcome Center > 258098415
- Hospital > 258 802 100
- Fire Department > 963 442 205 / 258 840 400
- Volunteer Fire Department > 258 800 840
- GNR (Portuguese National Guard) > 258 840 470
- PSP (City Police Department) > 258 809 880
- SOS - Emergency Services > 112
- Emergency number for Forest Fires > 117

information PR 18

Name of Trail
PR 18/ São Martinho of Outeiro Trail

Sponsoring Organization
Viana do Castelo City Council
Outeiro Parish Council
AFL - Forrestal Association of Lima
ZIF of the Santa Luzia Sierra

Trail System
Average Trail

Location
Outeiro

Distance
14 km

Initial Level
91m

Maxium Level Reached
550m

Minimum Level Reached
75m

Time
4h00m

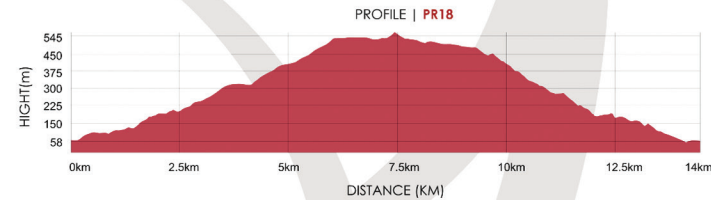
Difficulty
Hard

Trail Type/Character
Landscape/ Ecology/ Cultural

Start Point/End Point
Bread Museum, Outeiro

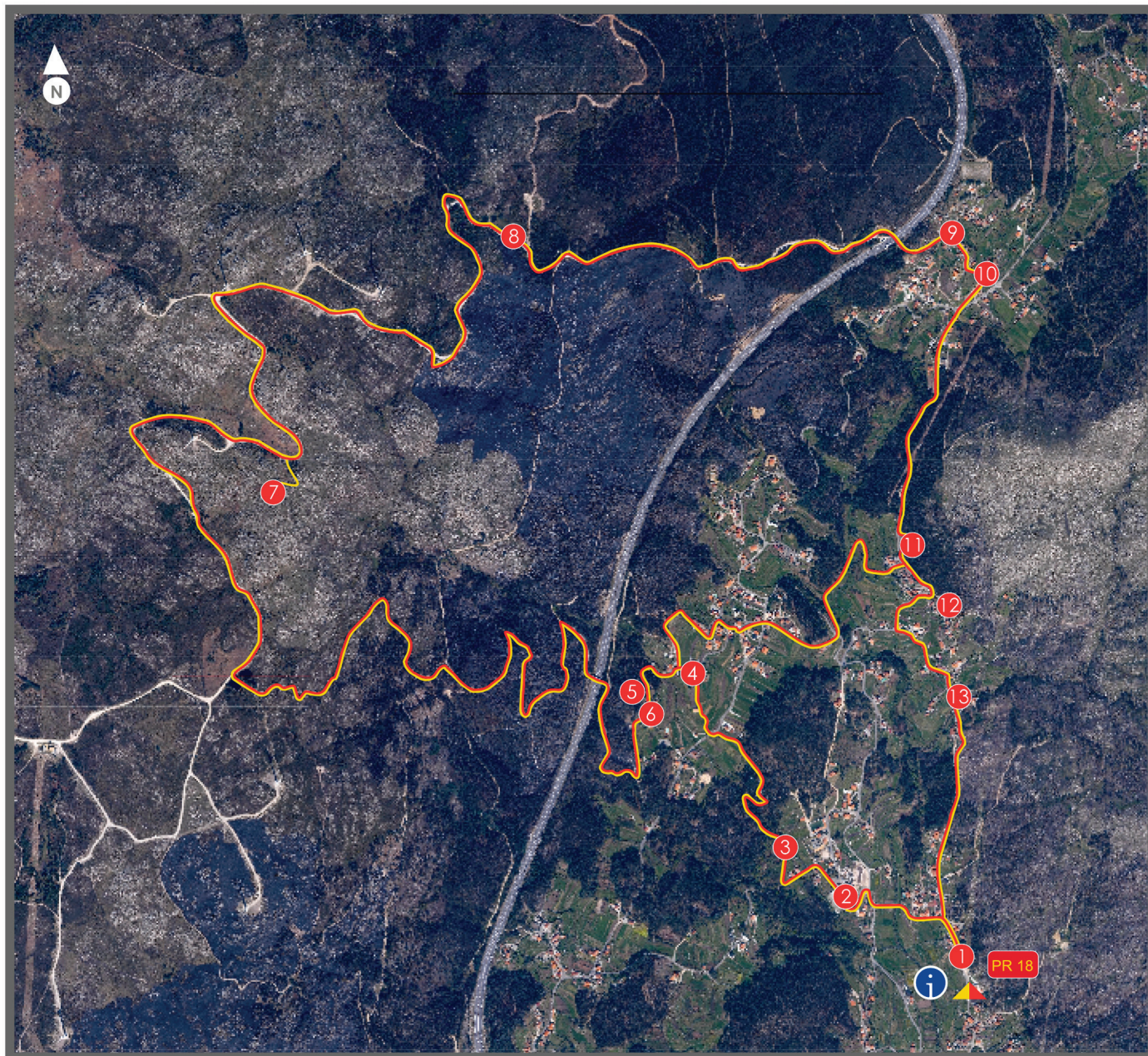
Latitude: 41° 44' 59.44" N
Longitude: 08° 46' 53.17" W

profile graph / hight/distance



RMPP - rede municipal de percursos pedestres





SCALE | 1:20 000

The Saint Martinho of Outeiro trail is a short circular one of elevated landscape interest, cultural and environmental. An extension of 14km, beginning and ending at the Bread Museum of Outeiro.

Located in the ancient primary school, this museum shows all the agricultural implements of the corn and bread production cycle, from preparing the land, seeding, collecting and the works in the cleaning and stocking area of cereals.

Next to this museum, amidst the trail is located the civic centre of Outeiro as well as a Watermill "cups" in a working state, which can be visited. Following to the Calvary "Calvário", we can find the shrines and the Saint Francis Chapel, being the last one associated to the Manorial House of Paínhas, which can be sighted during the trail to the lagoons. Crossing the mountain area, observing the wild fauna and flora, towards the Geodesic Mark of Santa Luzia, that points the highest level of the mountain area. At this place, you can enjoy the landscape, from where can be seen the starting point of the trail.

Before going down to the population, where the agricultural practice is still a way of life, it is possible to observe an ancient Forrestral Guard House in ruins. Also can be observed Saint Michael and Our Lady of La Salette Chapel.

Going back to the Bread Museum, the trail goes through a rural pathway covered with vines and a traditional picnic area. For those who pretend choosing a shorter trail, exists above the shrines of Saint Francis of Assisi an alternate one passing through agricultural areas, where can be observed closer to the different agricultural cultures and landscapes counting with the permanent presence of the water element. This alternate trail meets the main one near the La Salette Chapel.

